

Red Pepper Dip

Roasted red peppers are sold at the deli counter. I transform them into a fast dip to enjoy with cocktails.

Cut enough roasted red bell pepper into 1-inch pieces to make 1 cup. Transfer to a food processor. Add 2 tablespoons sunflower seeds or pumpkin seeds, 1/4 cup cream cheese, 1 tablespoon olive oil, and 1/4 teaspoon each salt and freshly ground black pepper. Process until smooth. Serve with crunchy breadsticks.

Makes About 1 1/2 Cups