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life

Comcast 189, Digital 54.3

The very best of KQED prime-time programs as well as arts and entertainment, food, gardening, how-to, and travel.

Monday–Friday

MORNING

- 7:00 **Power Yoga**
- 7:30 **Sit and Be Fit**
- 8:00 **Classical Stretch**
- 8:30 **Burt Wolf's Travels & Traditions**
- 9:00 **Rick Steves' Europe**
- 9:30 **Smart Travels with Rudy Maxa**
- 10:00 **Passport to Adventure**
- 10:30 **Gourmet's Diary of a Foodie**
- 11:00 **Ciao Italia**
- 11:30 **Everyday Food**

AFTERNOON/EVENING

- noon **Made in Spain**
- 12:30 **Mexico—One Plate at a Time**
- 1:00 **Los Niños en Su Casa**
- 1:30 **A Place of Our Own**
- 2:00 **Arts and Crafts** (includes knitting, painting, and sewing programs)
- 3:00 **Simply Ming**
- 3:30 **Delicious TV's Totally Vegetarian**
- 4:00 **Nick Stellino's Family Table**

- 4:30 **Lidia Bastianich**
- 5:00 **Julia Child**
- 5:30 **Jacques Pépin** (pictured at right)
- 6:00 **Joanne Weir**
- 6:30 **America's Test Kitchen**
- 7-11 (Mon) **Performing Arts/Special Presentations** (*American Experience: We Shall Remain* airs November 9–13, at 9pm.)
 (Tue–Fri) **Repeats of KQED 9HD Prime-Time Programming**

Saturday

EVENING

- 7:00 **Music/Concert Specials**
- 9:00 **Masterpiece**
- 10:00 **ImageMakers**
- 10:30 **Spark**

Sunday

EVENING

- 7-11 **Prime-Time Specials**

The complete Life channel schedule is available online. www.kqed.org/tv

 Please recycle this magazine.

World

Comcast 190, Digital 9.3

Thought-provoking television—public affairs, local and world events, nature, history, and science.

Monday–Friday

MORNING

- 7:00 **Best of World** (Science, Nature, History, Public Affairs)

AFTERNOON/EVENING

- 1:00 **BBC World News** (Live)
- 1:30 **Tavis Smiley**
- 2:00 **Worldfocus** (Live)
- 2:30 **Journal**
- 3:00 **BBC World News** (Live)
- 3:30 **Nightly Business Report** (Live)
- 4:00 **PBS NewsHour** (Live)
- 5:00 **Worldfocus**
- 5:30 **PBS NewsHour**
- 6:30 **Nightly Business Report**
- 7:00 **PBS NewsHour**

PRIME TIME +

- 8:00 **Charlie Rose** (Live)
- 9:00 (Mon–Thu) **BBC World News** (Live)
- 9:30 (Mon–Thu) **Worldfocus**
- 9:00 (Fri) **Bill Moyers Journal**
- 10:00 **PBS NewsHour**
- 11:00 **Tavis Smiley**
- 11:30 **Nightly Business Report**

The complete World channel schedule is available online. www.kqed.org/tv



kids

Comcast 192, Digital 54.4

Quality children's programming that kids will love and parents and caregivers will appreciate.

EVERY MORNING

- 5:00 **The Electric Company**
- 5:30 **Saddle Club**
- 6:00 **Zula Patrol**
- 6:30 **Maya and Miguel**
- 7:00 **Animalia**
- 7:30 **The Electric Company**
- 8:00 **Raggs**
- 8:30 **Wonderkind Little Amadeus**
- 9:00 **Postcards from Buster**
- 9:30 **Zula Patrol**
- 10:00 **Raggs**
- 10:30 **Between the Lions**
- 11:00 **Martha Speaks**
- 11:30 **Fetch! With Ruff Ruffman**

EVERY AFTERNOON

- noon **Wishbone**
- 12:30 **Arthur**
- 1:00 **Clifford the Big Red Dog**
- 1:30 **Clifford's Puppy Days**
- 2:00 **Martha Speaks**
- 2:30 **Between the Lions**
- 3:00 **Wishbone**
- 3:30 **Postcards from Buster**
- 4:00 **Cartooning with Blitz/Kistler's Imagination Station**

- 4:30 **Animalia**
- 5:00 **WordGirl**
- 5:30 **Cyberchase**

EVERY EVENING

- 6:00 **Maya and Miguel**
- 6:30 **The Electric Company**
- 7:00 **Animalia**
- 7:30 **Martha Speaks**
- 8:00 **Arthur**
- 8:30 **Maya and Miguel**
- 9:00 **WordGirl**
- 9:30 **Cyberchase**
- 10:00 **Wishbone**
- 10:30 **Fetch! With Ruff Ruffman**
- 11:00 **The Electric Company**
- 11:30 **Saddle Club**

The overnight Kids channel schedule is available online. www.kqed.org/tv